



Hanahan Senior Center Activities Calendar

March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 9:00 PANCAKE BREAKFAST 11:15-5 Friendship Quilters 12:00 Canasta 12:30 Bunco
4 9:15-10:15 Sit'n Fit 10:30 Tai Chi 11:00-2:00 Pickleball 12 – Lunch w/ Mike Cochran City Administrator 12:00 Canasta 1:00 Bridge 3:00-4:00 Zumba Gold 4:00-5:00 Nia 5:00-6:00 Yoga	5 9:15-10:15 Sit'n Fit 9:15-1:15 Pinochle 10:30-11:30 Stretching 11:45-12:45 Strength &Core 1:30-3:30 Spades 2:00-3:00 Basic Tap Dance	6 9-10:00 Beginner Line Dance 10:15-11:30 Intermediate Line Dance 11:00-2:00 Pickleball 12:00 Canasta 1:45 Classical Ballet Barre 3:00 Tap Dancing	7 9:15-10:15 Sit'n Fit 9:15-1:45 Pinochle 10:30-12:45 Bingo 2:30-4:30 Crocheting 6:00-7:30 Line Dancing	8 10:00-12 – ECPI Phone Class 11:15-5 Friendship Quilters 12:00 Canasta 12:30 Bunco 11:00-2:00 Pickleball
11 9:15-10:15 Sit'n Fit 10:30 Tai Chi 11:00-2:00 Pickleball 12:00 Canasta 1:00 Bridge 3:00-4:00 Zumba Gold 4:00-5:00 Nia 5:00-6:00 Yoga	12 9:15-10:15 Sit'n Fit 9:15-1:15 Pinochle 10:30-11:30 Stretching 11:45-12:45 Strength &Core 1:30-3:30 Spades 2:00-3:00 Basic Tap Dance	13 9-10:00 Beginner Line Dance 10:15-11:30 Intermediate Line Dance 11:00-2:00 Pickleball 12:00 Lunch & Learn 12:00 Canasta 1:45 Classical Ballet Barre 3:00 Tap Dancing	14 9:15-10:15 Sit'n Fit 9:15-1:45 Pinochle 10:30-12:45 Bingo 10:30-11:30Stretching 11:45-12:45 Strength &Core 2:30-4:30 Crocheting 6:00-7:30 Line Dancing	15 11:15-5 Friendship Quilters 12:00 Canasta 12:30 Bunco 11:00-2:00 Pickleball
18 9:15-10:15 Sit'n Fit 10:30 Tai Chi 11:00-2:00 Pickleball 12:00 St. Pat's Covered Dish Luncheon 12:00 Canasta 1:00 Bridge 3:00-4:00 Zumba Gold 4:00-5:00 Nia 5:00-6:00 Yoga	19 9:15-10:15 Sit'n Fit 9:15-1:15 Pinochle 10:30-11:30 Stretching 11:45-12:45 Strength &Core 1:30-3:30 Spades 2:00-3:00 Basic Tap Dance	20 9-10:00 Beginner Line Dance 10:15-11:30 Intermediate Line Dance 11:00-2:00 Pickleball 12:00 Lunch & Learn by Retire Ya'll 12:00 Canasta 1:45 Classical Ballet Barre 3:00 Tap Dancing	21 9:15-10:15 Sit'n Fit 9:15-1:45 Pinochle 10:30-12:45 Bingo 10:30-11:30 Stretching 11:45-12:45 Strength &Core 2:30-4:30 Crocheting 6:00-7:30 Line Dancing	22 11:15-5 Friendship Quilters 12:00 Canasta 12:30 Bunco 11:00-2:00 Pickleball
25 9:15-10:15 Sit'n Fit 10:30 Tai Chi 11:00-2:00 Pickleball 12:00 Canasta 1:00 Birthday Social 1:00 Bridge 3:00-4:00 Zumba Gold 4:00-5:00 Nia 5:00-6:00 Yoga	26 9:15-10:15 Sit'n Fit 9:15-1:15 Pinochle10:30-11:30 Stretching 11:45-12:45 Strength &Core 1:30-3:30 Spades 2:00-3:00 Basic Tap Dance	27 9-10:00 Beginner Line Dance 10:15-11:30 Intermediate Line Dance 11:00-2:00 Pickleball 12:00 Canasta 1:45 Classical Ballet Barre 3:00 Tap Dancing	28 9:15-10:15 Sit'n Fit 9:15-1:45 Pinochle 10:30-12:45 Bingo 10:30-11:30 Stretching 11:45-12:45 Strength &Core 1:00 Fall Prevention by Trident Medical Center 2:30-4:30 Crocheting 6:00-7:30 Line Dancing	29 11:15-5 Friendship Quilters 12:00 Canasta 12:30 Bunco 11:00-2:00 Pickleball

Blood Pressure & Sugar Check on March 13th

Center Phone Number 266-0958